

164 USF Meeting Format

Welcome to the 164 USF meeting of Alcoholics Anonymous.

My name is: _____

Suggest a Moment of Silence followed by the 'Serenity Prayer'.

Make/Allow Announcements.

Pass around sign-up sheet.

Read:

The sign-up sheet being passed around will allow the chairperson to call on you.

In February 1958 Bill Wilson wrote: "Sobriety—freedom from alcohol—through the teaching and practice of the 12 Steps, is the sole purpose of an AA group."

164 USF is a Solution Based Meeting. The meeting is open to anyone interested in hearing about 'The Solution'. The chairperson will bring up a topic from the pre-designated section of the AA Big Book. Please share when called upon by the chairperson and limit your comments to the topic presented or any question you may have about the topic. The intention of this group is to focus on 'The Solution' and leave the problems to your sponsor. If you are an alcoholic and do not have a sponsor, please raise your hand. Anyone willing to be a sponsor..., please raise your hand. Thank you.

Ask friend to read the '164 USF Preamble'

Ask friend to read the steps from the Original Manuscript.

Turn the meeting over to the chairperson.

----- Main Body of Meeting Time -----

The chairperson will finish by reading the end of page 164 starting with:

"Our Book is meant to be....

Pass the basket - (indicate that 'we are self-supporting - tradition #7')

Confirm the next week's chairperson.

Ask someone to do the CHIPS.

End meeting with 'The Lord's Prayer'.