MY SEX IDEAL

1. A true partner – Someone to share equally in the responsibilities of life (Neither partner feels or is taken advantage of.)

2. An intimate relationship – someone who can see into me, see my dark side and light side. Someone with whom I can take emotional risks and let them in behind the wall I put up and not abandon me (totally accepting of me-good and bad without expectation of change; if change comes - it comes from God.)

3. A monogamous relationship – sexually and spiritually where I show reverence and respect of our love and commitment (i.e. I demonstrate that my mate is #1 all the time in my life - honor and cherishment).

4. Someone with whom I am free to be truthful – not afraid to be honest – both omission and commission.

5. My lover – open, honest, sex - fantasy realization through caring exploration of our sexual natures. The true goal is pleasure for each other through sexual means to enhance intimacy where two really do become one.

6. Fair play – total commitment to harmony through fair , expedient compromise using the rules to keep our disagreement within bounds and open commitment to a quick fair resolution to restore harmony to our relationship.

7. Safe, loving, nurturing home for parenting – emotionally stable filled with love and self-sacrifice for the good of the family union.


9. A relationship which nurtures our “couple hood” not just “parenthood” so when the nest is empty our relationship just moves to the next chapter, not starts again...someone to grow old with.

10. Someone to grow with mentally, spiritually and sexually. A nonjudgmental support for the betterment of the individuals which betters the couple hood.

11. Someone who will share in our combined vision of our future, our lives to come – with whom I can strive to reach a mutual goal of serene old age where we look back on happiness in the journey – not a finishing line.

12. My #1 fan, supporter, confidant, best friend, lover, spouse, wife, mother, companion and hero – where we revere each other through sacrifice and love to become one and that the one we become can give back and help others including our kids, program, society and church. (Where our lives can be an example of a spiritual life which helps others find happiness, fidelity and love.)